

Spaulding Lake Trailhead

Hike starts on Bowman Lake Road, 2 miles north of State Highway 20. Take I-80 to the Highway 20 exit for Grass Valley, one mile past the Yuba Gap exit. Drive west for 4 miles downhill on Highway 20 and turn right on Bowman Lake Road. Drive one mile to pit toilets at the Sierra Discovery Trail parking lot and then one more mile to cross the South Yuba River bridge. Park on the right near the bridge or just uphill.